



Government of India
India Meteorological Department
Regional Meteorological Centre
Mumbai – 400005

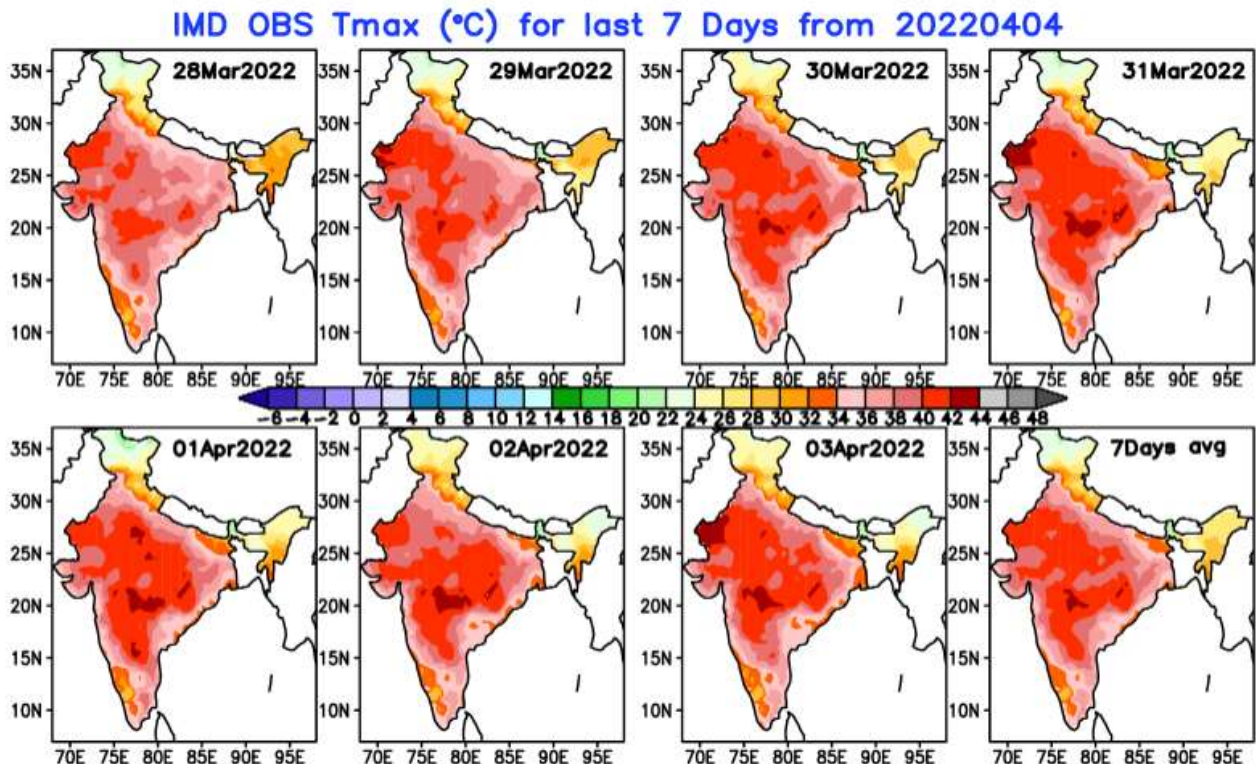
Dated: 6th April 2022

PRESS RELEASE

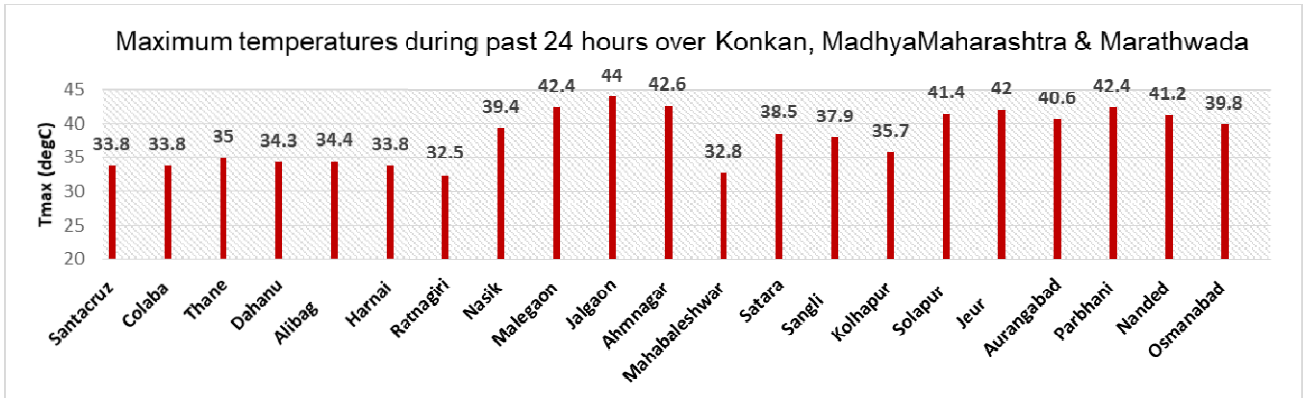
Maximum Temperature Trend over Maharashtra

Maximum temperatures continued to remain above 40°C over some parts of interior Maharashtra during past 7 days. Maximum temperature departures were above normal to appreciably above normal over the region. Heat wave conditions were observed in isolated pockets of North Madhya Maharashtra during past 24 hours.

Observed Maximum temperatures for the period 28 March -03April 2022:

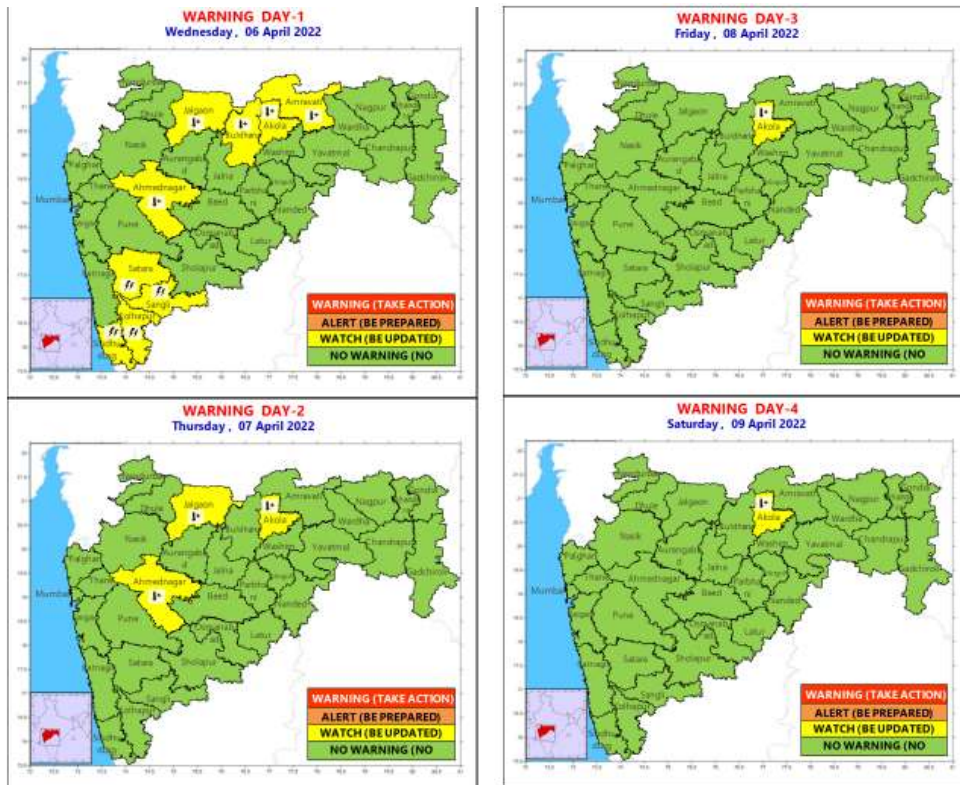


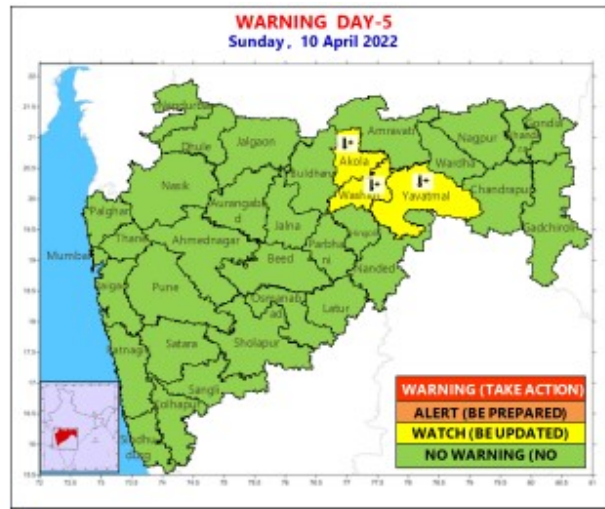
Maximum Temperatures realized over the region during last 24 hours:



Detailed District wise forecast and warnings for the region:

No significant change in maximum temperature is expected over Madhya Maharashtra and Marathwada during next 4 to 5 days. In view of this, temperatures above 40 deg C are expected to prevail in isolated regions of North Madhya Maharashtra and Marathwada during next 4 to 5 days.





Impact Expected & Suggested Actions:

Yellow Alert (Be updated)	Heat Alert	Heat wave conditions at isolated pockets persists for 2 days	Moderate temperature. Heat is tolerable for general public but moderate health concern for vulnerable people e.g. infants, elderly, people with chronic diseases	(a) Avoid heat exposure. (b) Wear lightweight, light-coloured, loose, cotton clothes. (c) Cover your head
Orange Alert (Be prepared)	Severe Heat Alert for the day	(i) Severe heat wave conditions persists for 2 days (ii) Through not severe, but heat wave persists for 4 days or more	High temperature. Increased likelihood of heat illness symptoms in people who are either exposed to sun for a prolonged period or doing heavy work. High health concern for vulnerable people e.g. infants, elderly, people with chronic diseases.	(a) Avoid heat exposure– keep cool. Avoid dehydration (b) Wear lightweight, light-coloured, loose, cotton clothes (c) Cover your head (d) Drink sufficient water- even if not thirsty (e) Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. to keep yourself hydrated (f) Avoid alcohol, tea, coffee and carbonated soft drinks, which dehydrates the body (g) Take bath in cold water frequently. In case of SUNSTROKE: Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature. Consult a Doctor immediately.

Further details are available on websites of IMD HQ, IMD Mumbai and IMD Nagpur.

Kindly visit the IMD website <http://www.mausam.imd.gov.in> or <http://www.imdmumbai.gov.in> or <http://imdnagpur.gov.in> for current weather updates.

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